

# Tech Amergin

Adult Education & Arts Centre Waterville



BORD OIDEACHAIS  
AGUS OILÚNA CHIARRAÍ  
KERRY EDUCATION  
AND TRAINING BOARD



## AUTUMN 2017 WORKSHOPS

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QQI AWARD

# *Weekend Workshops*

**Experimental archaeology** Saturday 7th October 10 am - 1 pm (AE)  
Help unravel the mystery that surrounds the carvings on megalithic passage tombs like those at Newgrange. Aoibheann Lambe, who is doing a research masters in UCC, will show you lesser known images from passage tombs in Ireland like Knowth, Dowth and Loughcrew and suggest how closely these engravings must be linked to rock art found here in Kerry. Participants will participate in hands-on experimental archaeology, making motifs found in megalithic art using various media including clay and stone. Duration 3 hours. Aprons and dust goggles can be provided by Tech Amergin. Fee €15. *Aoibheann Lambe*

**Archaeology fieldwalk-and-drive** Saturday 7<sup>th</sup> October 2017 1.30 pm-5.30 pm (AE)  
Archaeology fieldwalk-and-drive to a number of sites near the Inny Valley - including some newly rediscovered sites. Carpooling, suitable clothing (waterproofs, wellies, hiking gear - no jeans!) Fee €25. *Aoibheann Lambe*

**Occupational First Aid Refresher** Saturday 11th October 9.30am - 5.30pm (AE)  
One day QQI Level 5 Occupational First Aid refresher, valid for 2 years. Participants will practice skills such as CPR/Defibrillation, bandaging and management of stroke, choking, seizures, heart conditions, asthma and much more. 1 day. Fee: €60. Attendance certificate issued on completion of the session. *Maura O'Connor*

Enrolment **Monday 11<sup>th</sup> - Thursday 14<sup>th</sup> September**

10am—4pm

**Autumn Colour Garden Photography** Saturday 28th October 10am – 4pm (AE)

In this one-day workshop you will visit Kells Bay Garden to photograph the huge variety of plants and trees in their beautiful autumn colours. You will learn how to take images with strong shapes and colours and interesting compositions.

The waterfall, foliage in fresh colours and the leaves on the rocks at the river are part of the subjects of our day. Bring your camera and tripod for a great day of photography.

Fee: €35, not including entrance fee to garden (1 day). *Michael Herrmann*

**Macro Photography** Saturday 11<sup>th</sup> November 10am- 4pm (AE)

Explore the world of small objects and details with your digital camera.

Learn how to set up the camera, about the influence of light and texture and how to manage distance and movement. Practice close distance photography with your camera and get advice for better results straight from the camera. Basic editing included. No previous knowledge needed. 2 days. Fee: €35. *Michael Herrmann*

**Story, Material & Art** Friday 17th & Saturday 18th November 10am– 3pm (AE)

We are our stories! Over a 2 day workshop you will begin to explore the relationship between stories, images and paintings. A sense of curiosity is essential, the workshop will suit a diverse range of experience and ages. Participants are encouraged to identify several stories that they can choose to work with over the course of the workshop. These can be personal or from a range of sources such as film, books or tradition. There will be an emphasis on the materials used and innovation will be encouraged. Fee: €55 (2 days). *Helen Richmond*

**Planting Shelter Belts in your Garden** Saturday 18th November 1 – 4pm (AE)

Have you considered planting trees and shrubs to create calm and sheltered areas in your garden? The winds from the Atlantic and the Mountains often burn and kill our prize plants leaving us sad and disgruntled. The answer is to grow plants that are very hardy here as windbreaks, then we can care for our favourite plants naturally. This workshop will look at the principles of windbreak design with special consideration for coastal conditions.

Which plants will suit your needs, how many and where you can source them will all be covered. Soil conditions and planting techniques will be considered covering the best time of year and also the aftercare needed. Irish suppliers and varieties will be promoted giving you the best possibilities of a great garden in the years to come. 1 day. Fee: €20. *Sue Jackson*

**A breath of fresh air!** Use houseplants for improving indoor air quality  
*November, date to be decided*

NASA, studied houseplants as a way to purify the air in space facilities. Environmental workshop on how to clean indoor air from toxins. Furniture, flooring, cleaning products and computers all contain volatile organic compounds (VOCs), gases that pollute indoor air. Breathing these compounds are identified as a factor in allergic reactions, respiratory tract irritations, to more serious conditions like cancer. *Lesley MacVean*

**Heritage Craft**

To start this autumn. Learn a new skill or refresh an old one.

Rag rugs, spinning and felting workshops will be arranged subject to demand. Please contact the centre for further details. *Jeanette Cullen*

Enrolment **Monday 11<sup>th</sup> - Thursday 14<sup>th</sup> September**

10am—4pm